

PREPARING FOR SURGERY

Surgery Requiring Sedation

- No aspirin, ibuprofen or any product containing aspirin or ibuprofen can be taken 2 weeks prior to surgery unless otherwise instructed by your surgeon.
- Stop taking Coumadin/Warfarin or blood thinners according to your surgeon's instructions.
- Take your regular medications if OK'd by Anesthesia.
- Bring your medications if your surgeon has given you a prescription.
- Report any signs of cold, flu or infection.
- Wear comfortable clothing such as a button-down shirt and loose fitting pants (no jeans.)
- **DO NOT EAT OR DRINK ANYTHING** after MIDNIGHT. We suggest drinking plenty of water the day before and a snack before bedtime.
- Arrange a ride home and please provide their phone number the day of surgery. You will need a responsible adult to care for you for 24 HOURS after your surgery.
- No jewelry, make-up, lotions or eye contacts. Review your cosmetic instruction sheet (if applicable).
- Leave valuables at home.
- If you are the first case of the day, please go to the side door and ring the doorbell to alert us you have arrived.
- If needed for your procedure, have cold packs ready at home, sunglasses (eye surgery), a scarf (facelift) and a towel to cover your chair (liposuction).

We will call you the day before your surgery to confirm time and go over your instructions. We suggest you call 30-minutes before arriving to make sure we are running on time. Because surgeries can take less or more time than scheduled, please be flexible with your schedule and allow for changes that day.