

PREPARING FOR SURGERY

Surgery without Sedation

- No aspirin, ibuprofen or any product containing aspirin or ibuprofen can be taken 2 weeks prior to surgery unless otherwise instructed by your surgeon.
- Stop taking Coumadin/Warfarin or blood thinners according to your surgeon's instructions.
- Take your regular medications.
- Report any signs of cold, flu or infection.
- Wear comfortable clothing such as a button-down shirt and loose fitting pants (no jeans.)
- You may eat a light breakfast or lunch depending upon your surgery time.
- Remove jewelry from the surgical area.
- If you are having surgery on your face: no make-up, lotions or eye contacts.
- Leave valuables at home.

We will call you the day before your surgery to confirm time and go over your instructions. We suggest you call 30-minutes before arriving to make sure we are running on time. Because surgeries can take less or more time than scheduled, please be flexible with your schedule and allow for changes that day.